

A full moon is visible in a clear, light blue sky. The moon is positioned in the upper center of the frame. The overall scene is serene and peaceful.

FULL MOON

Featured treatment

SPIRIT OF THE FULL MOON

October 4th & 5th, 2017

*This treatment is offered exclusively on days around the full moon and limited spaces are available.

The Full Moon is a powerful time for releasing what no longer serves our lives. We begin with identifying and writing down thoughts or feelings you want to release. The subsequent body treatment includes a scalp massage to free the mind from tension, followed by a body massage with Wild Arizona Sage that has been infused with the light of the full moon. The ritual concludes with a foot massage using Frankincense, and a gratitude gift of Ametrine.


Featured hike

FULL MOON HIKE THE RED ROCKS

OCTOBER 4TH, 2017 5:45 P.M.

Advanced sign up required, space is limited. \$95++ per person.

Experience the surrealistic sight of the red rocks illuminated by a full moon. Begin the hike just before sunset watching the lengthening shadows of the falling sun. As the moon rises be immersed in the serenity of nature.

The bottom of the page features a photograph of red rock formations, likely in a desert landscape. The rocks are illuminated by the warm light of the setting or rising sun, creating a dramatic and scenic view.