

Shots! 6.00

Wheatgrass-detoxifying, oxygenating
Ginger Juice-decreases congestion, improves digestion

Juices 6.50

Verde Valley-hydrating, cleansing
kale, spinach, cucumber, celery, apple, lemon, ginger

Emerald Green-balances electrolytes, increases digestion
spinach, cucumber, cilantro, celery, pineapple

Morning Sun-high in vitamins C, A, K, energizing & reverses low blood sugar
orange, grapefruit, pinch of cayenne

The Raven-includes all vitamins and minerals, anti-inflammatory, high in antioxidants
beet, carrot, apple, ginger

Spa-tanious-post workout, hydrating, reverses low blood sugar
pineapple, apple, carrot, ginger, orange

Kachina Woman-hydrating
watermelon, lime juice, mint

Coffee

Organic Drip Coffee		4.50
Espresso	Single	4.50
	Double	6.00
Latte/Cappuccino/Macchiato	Single	5.00
	Double	6.50
Chai Tea Latte		5.00

Smoothies 9.00

Mii amo Passage
strawberry, mango, banana, apple, orange juice
cal 140, fat 1g, carb 36g, prot 2g

Pomegranate Paradise
kale, pomegranate juice, mango, strawberries, blueberries
cal 170, fat tr, carb 16g, prot 1g

Chocolate Delight
organic chocolate, banana, maca powder, coconut,
cal 351, fat 14, carb 58g, prot 5g

Sedona Surprise
pineapple, avocado, coconut, lime juice, agave, vanilla
cal 380, fat 21g, carb 36g, prot 3g

Slide Rock
kale, spinach, blueberries, pineapple, banana, coconut water, mint
cal 225, fat 1g, carb 57g, prot 4g

Boynton Experience
blueberry, pineapple, apple, coconut
cal 190 fat 2g, carb 50g, prot 4g

Tea

Sir Aubrey Loose Leaf Tea **5.00**

Bottled Waters

Pellegrino Sparkling 750ml bottle	8.00
Panna Still 750ml bottle	8.00
Pellegrino Sparkling 250ml bottle	5.00